

Here is a list of resources for CHCs and individuals to help prepare for and survive extreme cold weather

For facilities

- [National Weather Service Decision Support page](#)
- [RSG-Extreme Cold Planning Considerations for Healthcare Facilities](#)
- [OSHA.gov](#)

For individuals

- [CDC Be Ready Winter Infographic](#) (in English and Spanish)
- [CDC Hypothermia & Frostbite Infographic](#)
- [Indoor Safety|Winter Weather \(cdc.gov\)](#)
- [Preparing for a Winter Storm|Winter Weather \(cdc.gov\)](#)
- [Hypothermia|Winter Weather \(cdc.gov\)](#)
- [Ready.gov](#)
- [CDC Extreme Cold Guide](#)

- [North Central Region \(including Denver Metro area\) warming shelters list](#): This list will continue to be updated as new locations come online – to see the most up-to-date version, simply hit ‘refresh.’ The NCR HCC is asking that all partners utilize resources within your jurisdiction rather than defaulting to Denver. Their sheltering system is already incredibly stressed with the added migrants who continue to arrive in the City and County.

- The [Colorado 211](#) website and helpline is available 24/7 and can provide information on where warming shelters are located. There is also a map to locate current warming centers statewide through their website.