



C-PACK

Colorado Psychiatric Access & Consultation for Kids

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C-PACK Partnerships



The Colorado
Health Foundation™



NATIONAL NETWORK OF CHILD
PSYCHIATRY ACCESS PROGRAMS



Compelling Reasons

- Over **250,000** Colorado children have a diagnosable mental health condition
- As many as **80,000** with Severe Emotional Disturbance
- Statewide shortage of child psychiatrists
- Primary care addressing many needs



C-PACK Goals

- Integration of behavioral health and physical health
- Support Primary Care Providers
 - Increase skills
 - Behavioral health screening, assessment, treatment
 - Increase access to child psychiatry expertise
 - Build stronger relationships between primary care and behavioral health clinicians
- Improve **access to treatment** for children and adolescents with behavioral health issues *regardless of payer source*
- Care Coordination for patients needing additional treatment

C-PACK Services



C-PACK Services

Training

Primary Care Providers
Behavioral Health Clinicians



Curbside Consultation

Colorado Child Psychiatrists



Site Visits

Child Psychiatrists, Care
Coordinators, Therapists



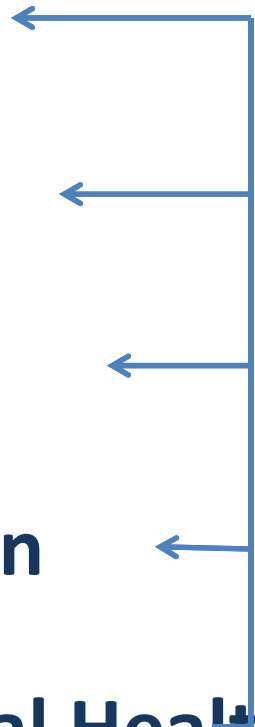
Care Coordination

C-PACK Care Coordinators



Behavioral Health

CMHCs, RCCOs, IPN, etc.

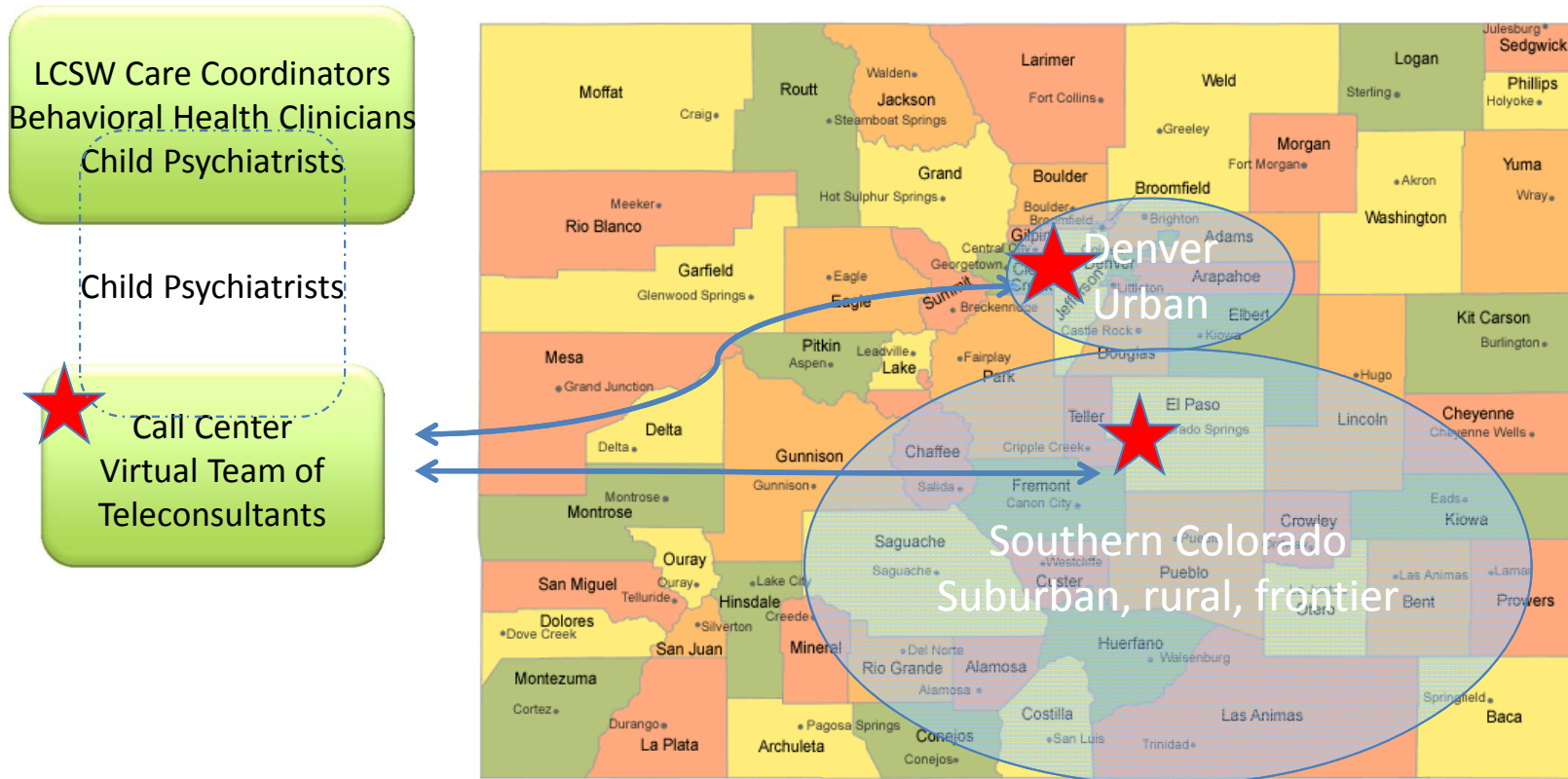


Curbside Consultation



- Real-time consultation with a child psychiatrist within 30-minutes of any request
- One trained; all may use
- Non-crisis service
- No PHI exchanged
- Available 8 AM – 5 PM, M – F; holidays excluded

Regional Consultation Teams



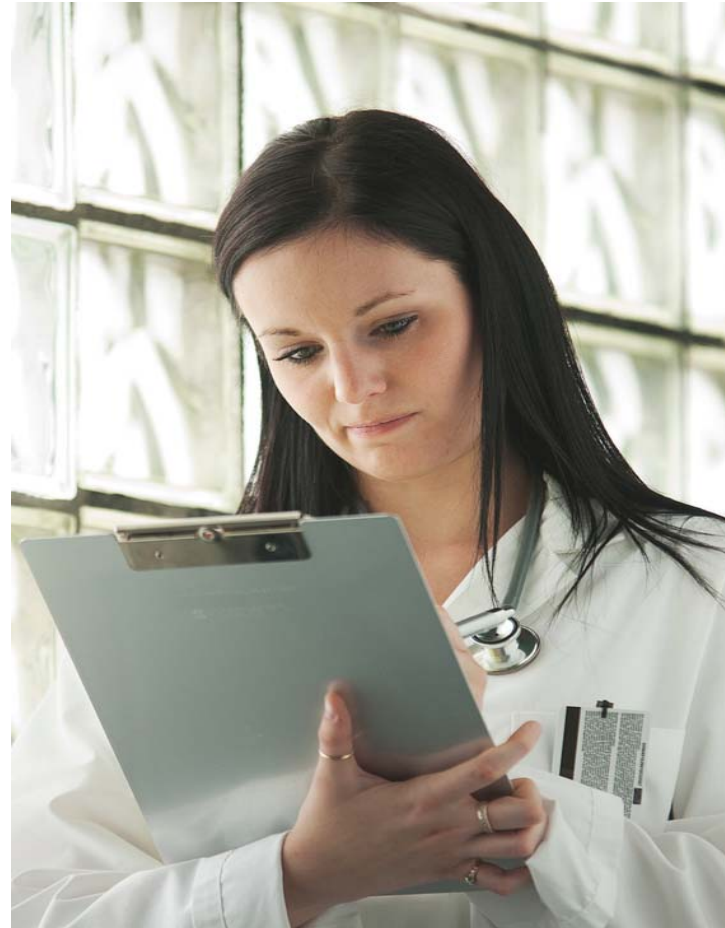
Care Coordination

- Dedicated Care Coordinators for patients requiring extra services
- Network of Behavioral Health Clinicians at CMHCs, and Independent Provider Network



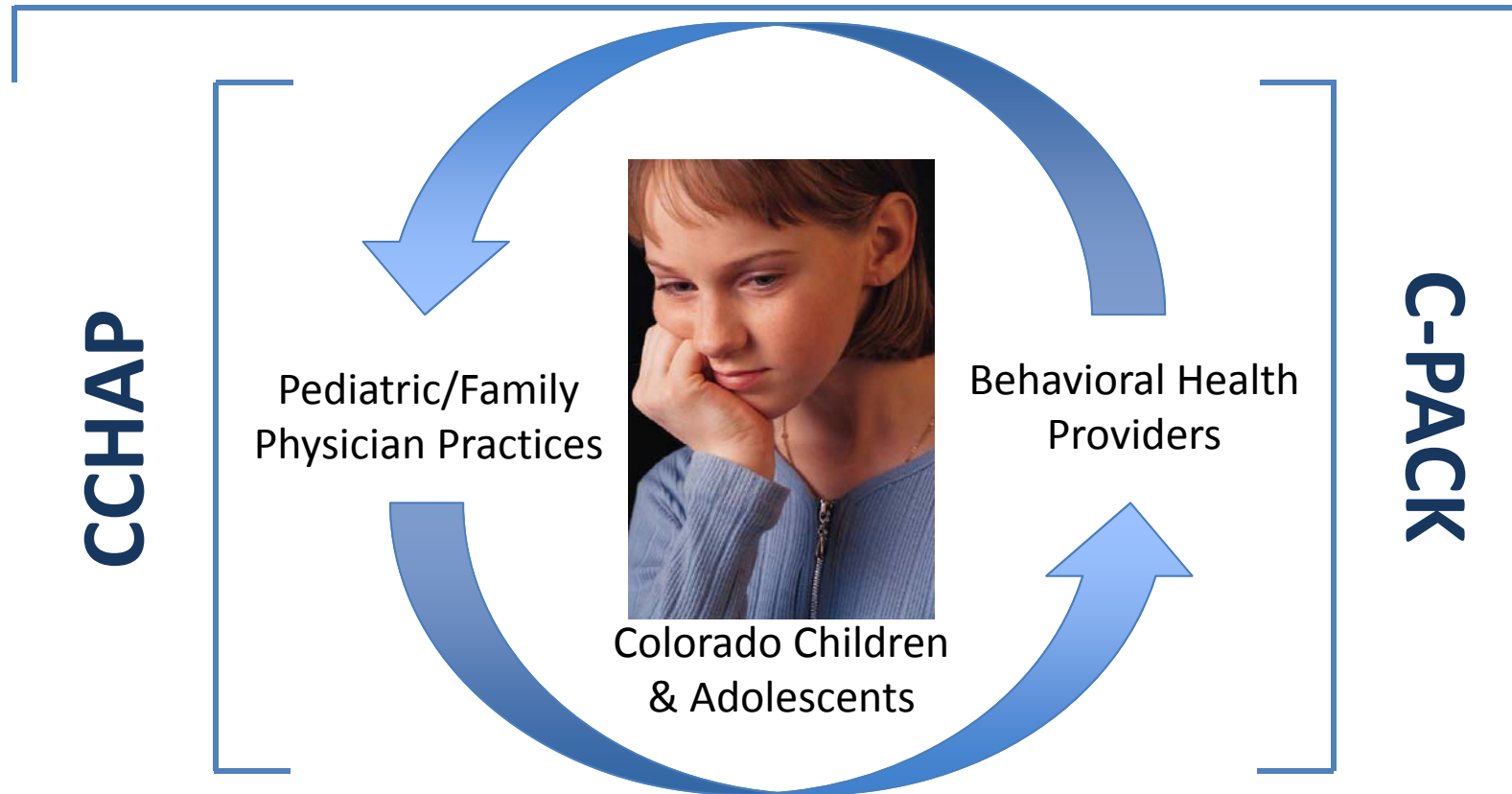
Care Coordination

- Available to the practice or RCCO -- as requested --to address complex behavioral health referrals
- Available to facilitate relationships between behavioral health and medical prescribers
- Navigation assistance to families/patients



Collaboration with CCHAP

Technical Assistance



C-PACK Value



- Behavioral health support for primary care providers
 - Child psychiatry consultation (M-F; 8am-5pm)
 - Site visits with child psychiatrists, care coordinators, and therapists
 - Care coordination
 - Network of behavioral health clinicians
 - Formal training & informal coaching
- Increased BH access to patients

Questions?

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